

Homemade Playdough

Ingredients

- 2 cups plain flour
 - ◆ 2 cups water
 - 1 cup salt
 - 2 tbsp cream of tartar
 - 2 tbsp cooking oil (or baby oil)
 - 🌀 Food colouring
-

Method

1. Mix Ingredients

- Combine flour, salt, cream of tartar, water, oil, and food colouring in a saucepan.

📷 Mixing ingredients

2. Cook

- 🔥 Heat over medium heat, stirring constantly until the mixture forms a ball.

📷 Cooking and stirring

3. Cool & Knead

- ✋ Remove from heat. Allow to cool, then knead until smooth and soft.

📷 Kneading playdough

4. Play!

- 🌀 Your playdough is ready to use.

📷 Finished colourful playdough

Storage Tip

- 👉 Store in an airtight container or zip-lock bag to keep it fresh for months.

Sensory Dough Recipes

Jelly Playdough

Ingredients

- 2 cups plain flour
- ◆ 2 cups water
- 1 cup salt
- 2 tbsp cream of tartar
- 2 tbsp cooking oil (or baby oil)
- ♥ 1 packet jelly crystals (any flavour)
- 🌀 Food colouring (optional)

Method

1. □ Mix all ingredients in a saucepan.
2. 🔪 Cook over medium heat, stirring constantly until it forms a ball.
3. ✋ Allow to cool, then knead until smooth.
4. 🌀 Enjoy your scented jelly playdough!

📷 Mix Ingredients | 📷 Cook & Stir

📷 Knead Dough | 📷 Finished Playdough

Storage: Keep in an airtight container.

Cloud Dough

Ingredients

- 2 cups cornflour
- 1 cup hair conditioner

Method

1. □ Pour cornflour into a large bowl.
2. ■ Add hair conditioner.
3. ✋ Mix well with your hands until the mixture forms a ball.
4. ✋ Knead well until smooth and soft.

📷 Ingredients | 📷 Mixing

📷 Texture Test | 📷 Ready to Play

Optional: Add a few drops of food colouring, glitter, or scented extracts for extra sensory fun.

Storage: Store in an airtight container