



Leo's News

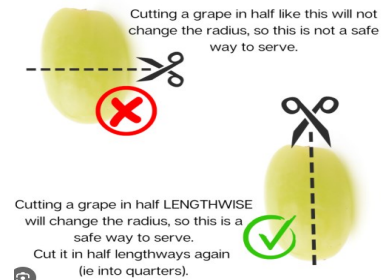
No 13
November 2025

Latest News and Information from Linslade Lower School

Grapes

Please can I request that grapes sent into school for lunch or snack are cut in half lengthways to prevent children choking on them.

Thank you.



Mental Health Support Team (MHST)

Mental Health Support Teams (MHST) offer early intervention, low intensity, mental health support within schools for children and young people with mild to moderate mental health difficulties. The purpose of the MHST is to improve the mental health and wellbeing of children and young people and is driven by the Green Paper 'Transforming Children and Young People's Mental Health Provision' (www.gov.uk).

Linslade Lower School has been chosen to be the hub school and for the past year have worked with the team to introduce whole school wellbeing strategies. Parent workshops and support sessions have been offered, along with lunchtime activities for children. These will be continuing this year.

Specific support for families can be given. This includes support for concerns including mild-moderate anxiety or worries and friendship issues through 6-8 sessions of low intensity Cognitive Behavioural Therapy (LI-CBT), counselling sessions, themed group work or information workshops.

There are three main ways children and families can access support from the team-

- When a school staff member notices a child or young person is struggling with day-to-day worries.
- When a parent informs a school staff member about their concerns.
- When a young person asks for support for themselves.

If you feel you and your child would benefit from this please contact me on hfarlam@linsladelower.beds.sch.uk and I can organise the support.



Mental Health
Support Team (MHST)

Santa Dash 2025

Please go to <https://leightonfunrunners.org.uk/lfr-santa-dash/>

For more information about the Santa Dash in Leighton Buzzard Town Centre on Saturday



Safeguarding at Linslade Lower School

If you have any concerns about a child's safety or wellbeing, please speak to a member of the school's Safeguarding Team. Mrs Farlam and Mrs Hogg are happy to help. You can also contact the Central Beds Council Integrated Front Door on 0300 300 8585, who you can talk to about your concerns. They will give you advice or may investigate the circumstances. All child protection calls are treated in confidence and you don't need to give your details.

Everyone has a responsibility to protect children from harm.